

SNACK CENTRE – COOKIE INGREDIENTS

<p>Chocolate Chip Cookie</p>	<p>Ingredients: enriched flour, liquid whole egg, white sugar, brown sugar, chocolate chips (sugar chocolate liquor, cocoa butter, dextrose, and soy lecithin), corn syrup, non-hydrogenated margarine (liquid canola oil, water, modified palm and palm kernel oils, salt, whey powder, mono and diglycerides, soy lecithin, sodium benzoate, artificial flavour, citric acid, vitamin A, palmitate, Vitamin D3), inulin, cellulose gum, guar gum, xanthan gum, liquid sugar, sodium bicarbonate, baking powder.</p> <p>Nutrition: calories 190, fat 5g (saturated 1.5g, trans fat 0g, polyunsaturated 0.5g, monounsaturated 1.5g, omega-6 0.5g) 8%, cholesterol 40mg, sodium 130mg (5%), carbo 35g (12%), fibre 2g (8%), sugars 18g, protein 3g, vitamin A 2%, vitamin C 0%, calcium 2%, iron 8%.</p>
<p>Double Chocolate</p>	<p>Ingredients: enriched flour, liquid whole egg, white sugar, brown sugar, chocolate chips (sugar chocolate liquor, cocoa butter, dextrose, and soy lecithin), corn syrup, non-hydrogenated margarine (liquid canola oil, water, modified palm and palm kernel oils, salt, whey powder, mono and diglycerides, soya lecithin, sodium benzoate, artificial flavour, citric acid, vitamin A palmitate, Vitamin D3), artificial flavour and colour (caramel colour, sugar, colour, ethyl, alcohol, citric acid, sodium benzoate, sulfites), Inulin, cellulose gum, guar gum, xanthan gum, sodium bicarbonate, liquid sugar, baking powder.</p> <p>Nutrition: calories 180, fat 4g (saturated 1.5g, trans fat 0g, polyunsaturated 0.5g, monounsaturated 1.5g, omega-6 0.5g) 7%, cholesterol 35mg, sodium 115mg (5%), carbo 35g (12%), fibre 2g (8%), sugars 15g, protein 4g, vitamin A 2%, vitamin C 0%, calcium 2%, iron 8%.</p>